

Weekly Study Questions

July 5, 2026

Sermon: Restore Us to Yourself, O Lord

Scripture: Lamentations 5:19-22

Questions:

1. How's your memory? Do you memorize Scripture? How has this helped you? Try memorizing Lamentations 3:22-23.
2. Find words or phrases in Lamentations that can help you to express your sorrows and longings to God (example: Lamentations 5:21, "Restore us, O Lord, to Yourself").
3. Find nonverbal expressions in Lamentations that also help you to express yourself to God.
4. How does reading, hearing, and memorizing Scripture help you to hear from God? What are some resources that have helped you? Share some of these with family and friends.